



**ESPEN**

The European Society for Clinical Nutrition and Metabolism

ESPEN Education and Clinical Practice Committee

**17<sup>th</sup> ESPEN Course  
in  
Clinical Nutrition and Metabolic Care**



**October 14 – 20, 2010  
Warsaw, Poland**

**Pałac Zegrzyński  
Zegrze, Poland**

## **Faculty**

- Alastair Forbes - UK
- Irina Grecu - Romania
- Gintautas Kekstas - Lithuania
- Teresa Korta – Poland
- Zeljko Krznaric – Croatia
- Regina Komsa - Bulgaria
- Marek Kunecki – Poland
- Alessandro Laviano – Italy
- Herbert Lochs – Austria
- Remy Meier - Switzerland
- Sylwia Ossowska - Poland
- Marina Panisic - Serbia
- Marek Pertkiewicz – Poland
- Lubos Sobotka - Czech Republic
- Peter Soeters - The Netherlands
- Andre Van Gossum, Belgium

## **Local Organizing Committee**

- Marek Pertkiewicz
- Teresa Korta
- Marek Kunecki
- Elżbieta Buga

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## Preliminary Programme

### Thursday, October 14<sup>th</sup>

- 17.00	Arrival and accommodation
17.00	Wellcome message
17.15-17.30	Nutritional Knowledge on Admission – evaluation test
17.30-18.00	Peter Soeters : Malnutrition – what it means ?
18.00-18.30	Zeljko Krznaric : Malnutrition – aetiology and consequences
19.00-19.30	Peter Soeters : How to recognize and prevent malnutrition
19.30	Discussion
20.00	Dinner

### Friday, October 15<sup>th</sup>

8.00-8.30	Marek Pertkiewicz : Venous access and complications
8.30-9.00	Peter Soeters : Amino acid and protein metabolism
9.00-9.30	Lubos Sobotka : Body composition and measurement
9.30-10.00	Q&A
10.00-10.30	Coffee break
10.30-11.00	Lubos Sobotka : Protein and energy balance
11.00-11.30	Peter Soeters : Metabolism in health, simple starvation, acute disease and recovery
11.30-12.00	Lubos Sobotka : Carbohydrates And Lipids
12.30-13.00	Q&A
13.00-14.00	Lunch
14.00-14.30	Lubos Sobotka : Water and electrolytes in health and disease
14.30-15.00	Teresa Korta : Trace elements and vitamins
15.00-15.30	Q&A
15.30-16.30	Coffee break
16.00-17.00	Working groups : Nutritional assessment, EN, PN
17.00-18.00	Case presentation and discussion : Chronic disease and emergency surgery
18.00-19.00	Case preparation
20.00	Dinner

## Saturday, October 16<sup>th</sup>

8.00-9.00	Case report from working groups: Peter Soeters, Lubos Sobotka, Marek Pertkiewicz
9.00-9.30	Zeljko Krznaric : Basics of enteral nutrition
9.30-10.00	Alastair Forbes : Basics of parenteral nutrition
10.00-10.30	Q&A
10.30-11.00	Coffee break
11.00-11.30	Zeljko Krznaric : GI access and complications
11.30-12.00	Marina Panisic : Monitoring Nutritional Support
12.30-13.00	Andre Van Gossum : Nutrition in elderly
13.00-13.30	Q&A
13.30-14.30	Lunch
14.30-15.00	Alessandro Laviano : Cancer and cancer cachexia
15.00-15.30	Irina Grecu : Special substrates in nutrition – GLN, n-3 and others
15.30-16.00	Q&A
16.00-16.30	Coffee break
16.30-17.30	Working groups : Nutritional assessment, EN, PN
17.30-18.30	Case presentation and discussion Dysphagia and diabetes
18.30-19.30	Case preparation
20.00	Dinner in country restaurant

## Sunday, October 17<sup>th</sup>

8.00-9.00	Case report from working groups: Andre Van Gossum, Zeljko Krznaric, Alessandro Laviano
9.00-9.30	Alastair Forbes : Nutritional support team
9.30-10.00	Marina Panisic : Nutrition in surgical patients
10.00-10.30	Q&A
10.30-11.00	Coffee break
11.00-11.30	Andre van Gossum : Home artificial nutrition
11.30-12.00	Alastair Forbes : Nutrition in liver disease
12.30-13.00	Gintautas Kekstas : Nutrition in critical illness and sepsis
13.00-13.30	Q&A
13.30-14.30	Lunch
14.30-15.00	Marina Panisic : Nutrition in trauma and burns
15.00-15.30	Remy Meier : Nutrition in acute and chronic pancreatitis
15.30-16.00	Q&A
16.00-16.30	Coffee break
16.30-17.30	Working groups : Nutritional assessment, EN, PN
17.30-18.30	Case presentation and discussion: Severe pancreatitis in ICU
18.30-19.30	Case preparation
20.00	Dinner

## **Monday, October 18<sup>th</sup>**

<b>8.00-9.00</b>	<b>Case report from working groups: Irina Grecu, Remy Meier, Gintautas Kekstas</b>
<b>9.00-9.15</b>	<b>Regina Komsa: Introduction to LLL</b>
<b>9.00-11.00</b>	<b>LLL Course I Remy Meier, Gintaustas Kekstas, Irina Grecu: Nutrition in ICU -I</b>
<b>11.00-11.30</b>	<b>Coffee break</b>
<b>11.30-13.30</b>	<b>LLL Course II Remy Meier, Gintaustas Kekstas, Irina Grecu: Nutrition in ICU -II</b>
<b>13.30-14.30</b>	<b>Lunch</b>
<b>14.30-15.00</b>	<b>Case presentation, case preparation in bus Postoperative cancer recurrence, upper GI tract stenosis, cancer cahexia</b>
<b>15.00</b>	<b>Sightseeing Warsaw</b>
<b>20.00</b>	<b>Dinner</b>

## **Tuesday, October 19<sup>th</sup>**

<b>8.00-9.00</b>	<b>Case report from working groups: Alastair Forbes, Marina Panisic, Marek Pertkiewicz</b>
<b>9.00-9.30</b>	<b>Alastair Forbes : Ethical aspects of nutritional support</b>
<b>9.30-10.00</b>	<b>Marek Pertkiewicz : Metabolic complications of nutritional support</b>
<b>10.00-10.30</b>	<b>Q&amp;A</b>
<b>10.30-11.00</b>	<b>Coffee break</b>
<b>11.00-13.00</b>	<b>LLL Course III – Marina Panisic, Remy Meier, Marek Pertkiewicz Nutrition in Surgery -I</b>
<b>13.00-14.00</b>	<b>Lunch</b>
<b>14.00-16.00</b>	<b>LLL Course IV Marina Panisic, Remy Meier, Marek Pertkiewicz Nutrition in Surgery -II</b>
<b>16.00-16.30</b>	<b>Coffee break</b>
<b>16.30-17.00</b>	<b>Sylwia Ossowska : Pharmaceutical aspects of clinical nutrition</b>
<b>17.00-17.30</b>	<b>Marek Kunecki : Instestinal failure</b>
<b>17.30-18.30</b>	<b>Case presentation and discussion : End jejunostomy syndrome</b>
<b>18.30-19.30</b>	<b>Case preparation</b>
<b>20.00</b>	<b>Dinner</b>

## **Wednesday, October 20<sup>th</sup>**

<b>8.00-9.00</b>	<b>Case report from working groups: Marek Kunecki, Herbert Lochs Marek Pertkiewicz</b>
<b>9.00-9.30</b>	<b>Herbert Lochs : Nutrition in diabetes</b>
<b>9.30-10.00</b>	<b>Regina Komsa : Biochemistry of Love</b>
<b>10.00-10.30</b>	<b>Herbert Lochs : Gut in Sepsis and SIRS</b>
<b>10.30-10.45</b>	<b>Q&amp;A</b>
<b>10.45-11.00</b>	<b>Coffee break</b>
<b>11.00-12.00</b>	<b>Test and Closing</b>
<b>12.00-13.00</b>	<b>Lunch</b>
<b>13.00-</b>	<b>Departures</b>

