



ESPEN

The European Society for Clinical Nutrition and Metabolism

ESPEN Education and Clinical Practice Committee

**14th ESPEN Course
in
Clinical Nutrition and Metabolic Care**



20-25 October 2007

Bohinj, Slovenia

Welcome



Dear friends and colleagues!

It is our honour and pleasure to have ESPEN Basic Course in Clinical Nutrition for the first time in Slovenia.

In recent years the progress in the clinical and scientific field of clinical nutrition was enormous and the knowledge of clinical nutrition is probably today even more important in for medical professionals than it was in the past. Nowadays, when we have so advanced drug's and others contemporary »hi-tech« therapies, the knowledge of clinical nutrition helps us to treat our patients simply better! We hope that informations provided to you in this course in clinical nutrition will add new qualities to your work and give you more satisfaction with your work. And make your patients healthier and more happy with you.

When you will study all this mountain of new stuff we would like to represent to you sometimes think about famous Bernouli's proverb "Nature always tends to act in the simplest way". And if you add to this that in this course the laught is seriously needed, I am sure that the course will be pleasant and fruitfull experience for everyone.

Nada Rotovnik Kozjek, president of Slovenian Society for clinical nutrition

Local Organising Committee



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ESPEN

Education and Clinical Practice Committee



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Saturday, 20th October, 2007

- 16:00 – 16:15 *Wellcome*
- 16:15 – 17:00 R. Meier
Ethical aspects in nutrition
- 17:00 – 17:45 L. Sobotka
Water, electrolytes and micronutrients
- 17.45 – 18.00 *Coffee break*
- 18:00 – 18:45 P. Soeters
Amino acid and protein metabolism
- 19:15 – *Dinner & Social Program*

Sunday, 21th October 2007

- 08:30 – 09:15 Y. Carpentier
Energy, carbohydrates and fat metabolism
- 09:15 – 10:00 L. Kompan
Nutrition in ICU, diabetes and stress hyperglycemia
- 10:00 – 10:15 A. Laviano
Cachexia and nutritional support
- 10:15 – 10:45 *Coffee break*
- 10:45 – 11:30 A. Forbes
Probiotics in GI disease
- 11:30 – 12:15 R. Meier
Nutrition in pancreatitis
- 12:15 – 13:30 *Lunch*
- 13.30 – 14:15 A. Laviano
Nutritional support team
- 14.15 – 15:00 R.J. Maughan
Clinical Sport Nutrition
- 15.00 – 15:30 *Coffee break*
- 15:30 - 17:00 **Practical demonstrations**
- **Blue group:** Practice of PN (L. Sobotka)
 - **Red group:** Practice of EN (I. Grecu)
 - **Green group:** Nutritional assessment (Ž. Mrevlje)

17:00 – 18:00 **Case Report** (L. Sobotka, P. Soeters, I. Grecu)
(Energy, macronutrients, micronutrients and fluid-balance)

18:00 – 19:00 Case preparation by students

19:15 – 20:45 *Dinner*

Monday, 22th October 2007

08:00 – 09:15 **Report of working groups**

09.15 – 12:00 R. Meier, L. Sobotka, P. Soeters
LLL Assessment
3 Lectures
Coffee break
2 cases
Exam and evaluation

12:00 – 13:15 *Lunch*

13:15 – 14:00 H. Lochs
Basic of enteral and parenteral nutrition
(Evidence based approach)

14:15 – 15:00 M. Milosević
Perioperative nutrition

15:00 -15:45 D. Turk
Nutrition in pediatrics

15:00 – 15:30 *Coffee break*

15:30 – 17:00 **Practical demonstrations**
- **Blue group**: Nutritional assessment (Ž. Mrevlje)
- **Red group**: Practice of PN (L. Sobotka)
- **Green group**: Practice of EN (I. Grecu)

17:00 – 18:00 Case report (A. Forbes, I. Grecu, N. Kozjek)
(Perioperative nutrition in a patient with pancreatic cancer)

18:00 – 19:00 Case preparation by the students

19:15 – 20:45 *Dinner*

Tuesday, 23th October 2007

- 08:00 – 09:15 **Reports of the working groups**
- 09.15 – 12:00 R. Meier, A. Forbes, P. Soeters
LLL – Compromized gut
 3 lectures
 Coffee break
 2 Cases
 Exam and Evaluation
- 12:00 – 13:15 *Lunch*
- 13.15 - 14.00 H. Lochs
Impact of hospital malnutrition in Europe
- 14.00.- 14.45 G. Biolo
Nutritional adaptation to inactivity
- 14:45 – 15.30 T. Battelino
Nutrition in physically active people with diabetes mellitus
- 15.30 – 15:45 *Coffee break*
- 15:45 – 17:15 **Practical demonstrations**
- **Blue group:** Practice of EN (I. Grecu)
- **Red group:** Nutritional assessment (Ž. Mrevlje)
- **Green group:** Practice of PN (L. Sobotka)
- 17.15 – 18:15 Case report (L. Sobotka, P. Soeters, L Kompan)
(ICU-patient with severe sepsis)
- 18:15 – 19:00 Case preparation by the students
- 19.15 – 20:45 *Dinner*

Wednesday, 24th October

- 08:00 – 09:15 **Reports of working groups**
- 09:15 – 10:00 I. Grecu
Complications and control of nutritional supplement
- 10:00 – 10:30 *Coffee break*
- 10:30 – 11:15 A. Ihan
Nutrition and Immune system
- 11:15 – 12:00 Ž. Krznarič

Enteral (immuno) nutrition

- 12:00 – 13:30* *Lunch*
- 13.30 – 14.30 M. Pertkiewicz
Management of chronic gut failure
- 14:30 – 15:30 B. Knap
Nutrition in renal diseases and renal replacement therapy
- 15:30 - 16:00 *Industrial presentation*

Preparation for Examination
Sightseeing Tour (+ Exam preparation)
Free evening

Thursday, 25th October 2007

- 08:00 – 08.45 Ž. Mrevlje
Nutrition in liver disease
- 08:45 – 09:30 N. Kozjek
Nutrition in cancer
- 09:30 – 10:15 M. Lainščak
Nutrition in lung and cardiac disease
- 10:15 – 10:45* *Coffee break*
- 10:45 – 11:45 **MC - Examination**
- 11:45 – 12:30 **Summary and Conclusion**
- 12.30 – 14.00* *Lunch*
- 14.30 - **Departure**

Participants:



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