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**CYPRUS  
SOCIETY FOR  
CLINICAL  
NUTRITION AND  
METABOLISM**

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## **13<sup>th</sup> ACCN COURSE PROGRAM**

**Limassol, CYPRUS**

**March 17, 2018 (Saturday)**

**08:00-08:30 Registration**

**08:30-09:00 Opening Session**

CySPEN welcome to the 13<sup>th</sup> ACCN Course: Eleni Andreou

ACCN welcome and Adriatic Club Activities: Željko Krznaric, Marina Panisic Sekeljic

Welcome to Cyprus: Elina Ioannou

**09:00-10:00 Session 1**

Chair: Željko Krznaric, Edna Yamasaki Patrikiou

09:00-09:20 History highlights of nutrition: Marina Panisic Sekeljic

09:20-09:40 Mediterranean diet - a gold standard in hospitals: Željko Krznaric

09:40-10:00 Disease related malnutrition: Darija Vranesic Bender

10:00- 10:30 Assessment and screening of nutritional risk: Kaliopi-Anna Poulia

**10:30 - 11:00 Coffee Break**

**11:00-12:20 Session 2**

Chair: Eleni Andreou, Christina Leonidou

11:00-11:20 Principles of enteral nutrition: Kalina Grivceva Stardelova

11:20 -11:40 Methods of delivering enteral nutrition: Aida Saray

11:40 -12:00 Principles and techniques of parenteral nutrition: Osman Abbasoglu

12.00 -12:20 Monitoring of nutritional support: Elina Ioannou

12:20-12.30 Questions and answers (Q&A)

**12:30-13:30 LUNCH**

**13:30-15:10 Session 3**

Chair: Osman Abbasoglu, Elina Ioannou

13:30-13:50 Complications of enteral and parenteral nutrition: Giangos Lavranos

13:50-14:10 Sarcopenia and frailty: Alessadro Laviano

14:10-14:30 Refeeding syndrome: Marily Passakiotou

14:30-14:50 Nutrition in the obese patients: Eleni Andreou

14:50-15:10 Questions and answers (Q&A)

**15:10-15:40 Coffee Break**

**15:40-17:30 Session 4**

Chair: Aida Saray, Christiana Philippou

15:40-16:00 Cachexia and nutrition in cancer: Alessadro Laviano

16:00-16:20 Metabolic changes and insulin resistance in critical illness Theodoros Kyprianou

16:20-16:50 Nutrition support in the critically ill: Gintautas Kekstas

16:50-17:10 Case study

7:10-17:30 Questions and answers (Q&A)

**March 18, 2018 (Sunday)**

**08:30-09:50 Session 5**

Chair: Kalina Grivceva Stardelova, Gintautas Kekstas

08:30-08:50 Gut microbiota and health: Stéphane Schneider

08:50-09:10 Perioperative nutrition treatment: Pencho Tonchev

09:10-09:30 Intestinal failure and home parenteral nutrition: Stéphane Schneider

09:30-09:50 Case study

**09:50-10:20 Coffee Break**

**10:20-12:30 Session 6**

Chair: Marina Panisic Sekeljic, Nikolaos Ntaflos

10:20-10:40 Proteins and lipids in artificial nutrition: Osman Abbasoglu

10:40-11:00 Nutrition Support Teams: Chrystalla Kountouri

11:00-11:20 Global nutritional education programmes: Pencho Tonchev

11:20-11:30 Most common errors in clinical nutrition and how to avoid them - Discussion

**11:30-12:30 Test/evaluation and concluding remarks**

**12.30-14.00 Lunch & Departures**

**Venue**

Poseidonia Beach Hotel, Amathous Area,  
P.O. Box 51206, 3502 Limassol, Cyprus  
Tel: +357 25 32100,  
[www.poseidonia-beachhotel.com](http://www.poseidonia-beachhotel.com)

**Official Language**

English

**Scientific Committee**

Marina Panisic Sekeljic, President of ACCN

Osman Abbasoglu, Secretary of ACCN

Elina Ioannou, Secretary of CySPEN

**Faculty**

|                            |                    |
|----------------------------|--------------------|
| Osman Abbasoglu            | Turkey             |
| Eleni Andreou              | Cyprus             |
| Kalina Grivceva Stardelova | F.Y.R.o.Macedonia  |
| Elina Ioannou              | Cyprus             |
| Gintautas Kekstas          | Lithuania          |
| Chrystalla Kountouri       | Cyprus             |
| Željko Krznaric            | Croatia            |
| Theodoros Kyprianou        | Cyprus             |
| Alessadro Laviano          | Italy              |
| Giangos Lavranos           | Cyprus             |
| Marina Panisic Sekeljic    | Serbia             |
| Marily Passakiotou         | Greece             |
| Kaliopi-Anna Poulia        | Greece             |
| Aida Saray                 | Bosnia Herzegovina |
| Stéphane Schneider         | France             |
| Pencho Tonchev             | Bulgaria           |
| Darija Vranesic Bender     | Croatia            |

**CySPEN Board**

Eleni Andreou, Edna Yamasaki-Patrikiou, Elina Ioannou, Christiana Philippou, Chrystalla Kountouri, Nikolaos Ntaflos, Christina Leonidou