

Contact and information

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An initiative of the nutritionDay team with support of



European Society for
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(ESPEN)

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Nutrition makes the difference nutritionDay in nursing homes

15th November 2018



Take part!

Register!



nutritionDay
WORLDWIDE

Background



Nursing home residents are often elderly people who have an increased need for care. Furthermore many nursing homes have limited personnel resources and therefore providing comprehensive care for all residents is difficult. This situation in nursing homes may also lead to less time for nutritional care for residents.

In 2007 for the first time **nutritionDay** was successfully performed in nursing homes. Its overall aim is to evaluate the current state of the nutritional status of nursing home residents using easy to complete questionnaires.

Since the first conduction of **nutritionDay** in Austria and Germany the project has been well established in nursing homes around the world. Up to now more than 960 nursing home units with over 29,700 residents from 21 countries have joined the project.

Your profit

Quality safety

Participating in **nutritionDay** with your nursing home will provide valuable information on the nutritional status of residents in your facility. Information received can be used for quality safety and quality improvement purposes.

Benchmarking:

Your nutritionDay report compares the nutritional situation of your nursing home residents with all other participating nursing homes and therewith provides specific benchmarking of your facility. Annual participation in nutritionDay gives an opportunity to monitor potentials and weaknesses of your institution over the years.

Certification:

For successful participation you will receive a **nutritionDay** certificate. Data entry can be easily performed online over the nutritionDay website: www.nutritionday.org

Methods



nutritionDay's three main characteristics are...

On one day: The nutritional situation is assessed on one defined day. This year's **nutritionDay** will be on the **9th of November 2017**

Fast and Easy: On **nutritionDay** you only have to complete **two** single-page questionnaires which do not require special skills, extra devices or personnel resources.

Anonymous: Name and details of your nursing home are encoded and anonymous. This guarantees anonymous handling and analysis of all participating units by the **nutritionDay** coordination centre.

Results of a participating nursing home will only be forwarded to the participating facility itself. This analysis also compares your individual nursing home results to all nursing homes participating in the same year and thus provides a worldwide benchmarking of your facility.

Your nutritionDay participation -

- promotes good nutritional care in your institution
- increases awareness for malnutrition in your facility
- monitors the development of the nutritional situation of residents in your nursing home over years
- provides an anonymous comparison of your nursing home to other nursing homes worldwide
- opens doors for an active partnership of nursing home residents, nurses and physicians of your institution
- may improve the nutritional situation and quality of life of your nursing home residents